

## Admissions Guidelines for Inpatient Treatment

Erlanger Behavioral Health Hospital partners with patients, families, and referral sources to help individuals in our community gain timely access to the psychiatric services they need. Our hospital is pleased to accept patients who have a primary diagnosis of a psychiatric illness, provided that a bed is available. We accept most forms of insurance, including Medicare and TennCare.

The safety of our patients and our staff is of utmost importance, and we want to ensure a positive treatment experience for all who seek our support. Therefore, we require that all patients meet certain basic criteria for admission, including the following:

- Able to participate in and benefit from treatment
- Medically stable
- No history of violence towards staff

## Patients with Medical Concerns

Erlanger's goal is to provide an individualized treatment experience that reflects the unique needs of each person in our care. Sometimes, the presence of a health complication may impact the treatment planning process, or prevent an individual from accessing our services.

When a referral is made for a patient who requires ongoing medical assistance, their admission must be approved by our on-call provider. This is to verify that all the patient's health needs can be met within Erlanger's programming. Some examples of situations that will require a preapproval include:

- Patient requires a medical device (catheter, oxygen, insulin pump, etc.)
- Patient requires routine physical therapy, occupational therapy, or speech therapy
- Patient is transferring from an acute medical floor or intensive care unit (ICU)

## Exclusions

Unfortunately, we are unable to treat patients with certain intensive health issues or disabilities. While exceptions can sometimes be made, generally, we cannot accept patients who are unable to benefit from treatment due to an acute medical concern. For example, we cannot admit patients who require:

- Specialist intervention or acute care
- Isolation due to infection (e.g., MRSA)
- Hospice care

Please note that all admissions decisions at Erlanger are made on a case-by-case basis, and our staff is always available to consult with you about our referral or admissions processes.

## Erlanger Behavioral Health Hospital

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